Sweet dreams or rocky road: Options for opening your own tea room



Alanna Gallagher

If your dream is to escape the rat race to run a cafe, here are five options to whet the appetite

If you've been dreaming of a change of pace and want an opportunity to escape the rat race and set up a food business somewhere, then the time is now.

You could saddle up a food truck, but if you want to sink your teeth into something more substantial, a tea room is a genteel way to go-one that will also ensure that at least some of your evenings are spent off the shop floor, essential if you're going to also try and raise a family.

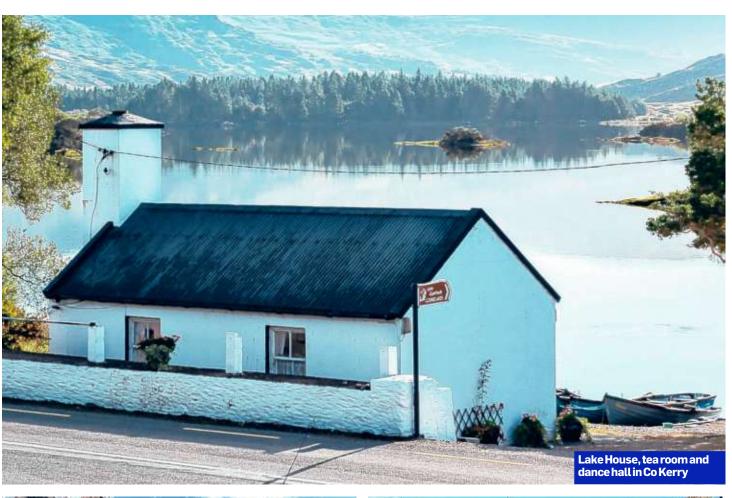
It's something veteran cafe and restaurant operator Helen Cunningham has first-hand experience of. She now runs the Phoenix Café in Dublin's Phoenix Park, a previous winner of the paper's Best Shops award, but when her family was young she ran Blaze's, one of the original late-night dining and live music spots in Temple Bar, and lived with her children above the eatery

If you're living over the premises, she says, it isn't the late nights but being on call 24 hours a day that will affect you. Having separate access to accommodation is helpful. She spent years walking through the dining room at Blaze's to get home, often with the kids traipsing behind her.

If buying in an urban setting, consider a property that will give you the option to create some form of outdoor space. Cunningham put a roof terrace into the Temple Bar property. It gave her home an outdoor aspect and she also used it to grow herbs and vegetables for use in the restaurant.

Another essential is a good coffee machine. Expect to pay at least €5,000-€10,000 for one, she says.

If you're going to cook everything from scratch, it's going to be full on, Cunningham says. She makes everything from scratch at the Phoenix Café, from jams to bread, soups, stews and sauces, us-ing the walled garden belonging to the Office of Public Works adjacent to the premises to grow the vegetables and produce she requires. She even sells the excess in the cafe. So if the property you like doesn't have





property is located on the Wild Atlantic Way and on the Ring of Beara. Combined, these properties sit on 0.47 of an acre and are asking for €150,000

Also for sale is the Lake House, which is situated across the road on 0.56 of an acre. It comprises a family-run country pub, famed for its trad music sessions, restaurant and five-guestroom accommodation. Asking for €250,000, this includes a seven-day bar licence with the pub running all year round, while boardwalk linking Clavcastle and the eatery operates from March to Redbarn. A greenway connecting it the end of September. All told, it exto Midleton is due for completion in tends to 386sq m (4,162sq ft) and about 18 months so there's plenty of the guestrooms could be turned potential for a future takeaway busiinto an on-site residence, but there ness. is also scope to extend further out over the bar to give you living quarters



Chinese restaurant for the past 30 years but has been closed since the start of Covid restrictions.

It offers a total of 851sq m (9,170sq ft) of space which includes a large eatery set over the ground and first floors, which extend to 565sq m (6,081sq ft), and a further two storeys of accommodation, 286sq m (3,078sq ft), currently set out in four flats.

These haven't been upgraded in decades and will need attention. There is a small vard to the rear. and the possibility of putting a small roof terrace at first-floor level, subject to planning. This is west-facing.

teeming with tourists during the summer months, but you'll have the place to yourself during the win-

Built in 1993 and extended a decade later to 220sq m (2,374sq ft), Silver Strand House has been operating as a tea room, but there is scope to extend up under the roof to create accommodation above.

Sliabh Liag is about 15km to the south, while you're about 8km from the nearest national school in the village of Cashel. The nearest secondary school is in Carrick. This is currently a seasonal business and the property is set on 0.32 of an acre.

5. From fossil fuels

Dublin 2 €895,000



Three-bed home in a cosy city enclave

24 Grand Canal Street Lower. Dublin 2

Description: Smart three-bed mid-terrace home in the south city centre Agent: Owen Reilly

JOYCE HICKEY

It's not immediately apparent, if you use Grand Canal Street Lower as a route to somewhere else, but the people who live here have forged a community whether they have lived here for generations, or decades-or, like the owners of number 24, almost seven years. There's even a WhatsApp group for Jimmy, Fred, Sophie, Oscar, Bruno, and all the other dogs who meet for a regular game of Fetch and a sniff around Merrion Square. The humans are pretty friend-

ly too, say Eddie and Niamh, who moved to number 24 in 2015 from nearby Fenian Street. When they bought it, in late 2014, it had been vacant for two years and was in three flats but most of the original fabric survived. "The essence of the house was there," says Eddie; "and we knew we could grow into it," continues Niamh. Grow into the 1,625sq ft (151sq m) three-bed they did, but they have gradually grown out of it and are "reluctantly" looking for a house with a fourth bedroom. Number 24 is now for

sale through Owen Reilly, with an asking price of €895,000. luck, or what," says Eddie, but the couple feel everyone who worked on the house did their very best for them. "This house has been good to us," they say. They did all the big things be-

fore moving in - replumbing, rewiring, replacing the floor in the basement, installing a surprises, with the hall about 3m (11ft) tall and the cornice decorated with eight-pointed stars and stylised tulips. And while the paint colours - mostly neutrals such as Patio Stone and Bye Bye Love - feel modern, the owners have added light fittings and other pieces from their family homes to add period flavour. They also found furniture and a handsome Ed wardian cast-iron fireplace in antique shops and at auctions.

To the left off the hall is the drawing room, from which you can see but not hear passing traffic, and behind this is the first bedroom, big but cosy and with a shower room beside it. Upstairs are two more fine bedrooms, both with painted fireplaces, and wardrobes by Legacy Woodcraft. The view from the back room extends as far north as the Convention Centre, and the gracious main bedroom spans the front. The third bathroom, with bath and separate shower, is at the top of the house.

The kitchen/livingroom extends the length of the basement, which is surprisingly bright even on a grim wet day, with a family dining table in the middle and a brick fireplace by the sofa. There is utility and storage space under the front steps, a small bathroom at the back and an ingenious office at the bottom of the hall stairs.

Ample cupboards and a huge wood-topped island anchor the kitchen end, and patio doors open to the back garden which is designed so that the two levels trap the sunlight. From "I don't know whether it's here, Eddie points out the homes of friends - and neighbours who have become friends - and Niamh highlights the connections from the house to the people and places that featured

in the 1916 Rising. But it's not close only to Bolands Mills: number 24 is really well connected, with two cyclezoned heating system - and lat- share stations, the Dart and buser, once they had what their es nearby, and there is permit builder called the "envelope", car parking on the street. With they added shutters, repaired easy access to sports grounds, the coving and made a new bath- schools, parks in town and in room so there is one on each Irishtown, umpteen Docklands floor. The Ber is C2. A mid-ter- workplaces and all kinds of lorace house, one of a pair built in cal shops, it's easy to see why 1905, number 24 presents a this family - and their dog modest façade but the interior want to stay within close range.

its own land, consider leasing additional ground from a neighbour to grow your own.

Here are five tasty properties that may help sweeten your thinking

1. Lakeside picnic potential

Address: Lake House, dance hall and tea room, Cloonee, Kenmare, CoKerry

Agent: SherryFitzGerald Daly Price: €400,000, €250,000 or €150,000

Situated 15km west of Kenmare and about 33km from the port of Castletownbere, this beguiling part of Co Kerry's lakelands comes with a menu of purchase options.

First up is a 1950s tea room, just 24sq m (264sq ft) in size, built about a decade after the adjacent dancehall to serve teas to the mainly dry, as in non-alcohol, dances, the origin of the term tea dance. The hall, built in the 1940s, has a further 129sq m (1,390sq ft) of space and could become a home, while you could operate the tea room as a mainly takeaway or outdoor cafe and picnic pick-up. The

2. French fancy in east Cork

Address: 61/62 South Main Street, Youghal, Co Cork Agent: SherryFitzGerald Hennessy Price: €185,000

If you do like to be beside the sea-side, then Youghal's Rendezvous might offer a live-over-the-shop option. The three-storey, end-of-terrace, double-fronted property has a cafe at ground level with a living room, small galley kitchen, store room and full bathroom on the first floor, and four bedrooms on the first floor.

The property needs work, most especially at its upper levels. Currently, it has old electric storage heating only and it does not have any outside space, so bin storage will be a consideration that needs attention

The building, which extends to 137sq m (1,475sq ft) over three floors, is adjacent to the town's Clock Tower, which was built in 1777 as a gaol. The town has multiple sandy beaches with a timber

3. Asian influence in the marble city Address: 49 High Street, Kilkenny, **Co Kilkenny** Agent: Keane Auctioneers Price:€700,000

THE IRISH TIMES

FOOD MONTH

This is a striking, three-storey over ground level townhouse on one of Kilkenny city's best streets for footfall. Situated opposite Dunnes Stores, it has operated as a sizeable



4. Cupán tae sa Ghaeltacht to oaty edibles Address: Kilmacthomas Service

Address: Silver Strand House, Glencolmcille, Co Donegal Agent: DNG Dorrian Price: €265,000

In the Co Donegal Gaeltacht parish of Glencolmcille, Silver Strand House sits just 150m from one of this part of the county's most beloved beaches, the Silver Strand in Malinbeg. It is a townland that is

Station, The Square, Co Waterford Agent: Barry Murphy Auctioneers Price: €85,000 This former service station on The Square in Kilmacthomas could, with the right kind of deep pockets

and flair, become a really smart tea room. The location is framed by the Comeragh Mountains to the back and is within a few minutes of the Waterford Greenway. Waterford city is 24km away, while Dun-garvan is 22km. The village is home to a viaduct that forms part of the greenway and to Flahavan's Mill, where the Flahavan family has been milling locally grown oats for more than 200 years. There could

be some potential synergies with the supply of raw ingredients from oats for flapjacks and porridge to oat milk for the non-dairy brigade. The property comprises two sin-gle-storey, lock-up units that ex-

tend to about 167sq m (1,800sq ft) and would require complete rebuilding to possibly a two-storey set-up with an indoor/outdoor tea room on the forecourt, all subject to planning





On view



8 Seabury Meadows, Malahide, **CoDublin**

€570,000, O'Farrell Cleere Auctioneers Four-bedroom semi-detached house extending to 123sq m (1,314sq ft). The property, which lies in a mature residential estate close to Broadmeadow Estuary, is within walking distance of local amenities. Ber Cl On view: Strictly by appointment at ofarrellcleere.ie



24 Johnstown Court, Cabinteely, Dublin 18

€595,000, Sherry FitzGerald

Three-bedroom mid-terrace house extending to 116sq m (1,249sq ft) located in a quiet cul-de-sac off Johnstown Road. The property, which has a new bathroom and internal doors, is within easy reach of the villages of Killiney, Cabinteely and Foxrock. Ber B3 On view: Strictly by appointment at sherryfitz.ie



23 Richmond Grove, Monkstown,

Four-bedroom semi-detached property extending to 156sq m (1,679sq ft) that has been recently upgraded. The property, which has solar panels for hot water, and underfloor heating, has an additional 17sq m (186sq ft) of room in the converted attic. Ber B2 On view: Strictly by appointment at lisney.com



166 The Oak, Charleville Square, Rathfarnham, Dublin 14

€395,000, DNG

Two-bedroom first-floor apartment extending to 70sq m (753sq ft) set in a gated development with underground car parking. Surrounded by landscaped gardens, the property has an eastfacing balcony and an upgraded fire safety system. Ber B3

Ôn view: Strictly by appointment at dng.ie



83 Sandymount Road, Sandymount, Dublin4

€750,000, Bennetts Auctioneers

Three-bedroom semi-detached Edwardian property extending to 114sq m (1,227sq ft). The property, which has a good-sized south-facing rear garden, is in the centre of Sandymount village, close to all amenities. Ber El On view: Strictly by appointment at bennettsauctioneers.ie

CoDublin €995,000, Lisney